



HEALTH HOLDING

HAFER ALBATIN HEALTH
CLUSTER
MATERNITY AND
CHILDREN HOSPITAL

Department:	Infection Prevention and Control Department		
Document:	Multidisciplinary Policy and Procedure (MPP)		
Title:	Patient, Sitters and Visitors of Patient in Isolation: Infection Control Education and Compliance		
Applies To:	Nurses and Technician		
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1. PURPOSE:

- 1.1 To give guidelines on how to manage and achieve compliance from approved sitters of patients in isolation as per the institution's policy and procedures.

2. DEFINITONS:

- 2.1 Sitters: These are relatives of patients who are allowed to stay with patient inside the isolation room.

3. POLICY:

- 3.1 In general, sitters are not allowed to accompany patients who are placed in isolation precaution without proper education, counseling, and monitoring
- 3.2 Every patient and approved sitter in isolation will follow standard and isolation precautions.
- 3.3 Compliance with all infection control practices is mandatory (e.g., those regarding hand hygiene, standard precautions, medical and nursing instructions, PPE)
- 3.4 Non-compliance with isolation policies will lead to removal of sitters from the isolation room.
- 3.5 It is the responsibility of the hospital staff to educate the isolated patient and provide the sitter with information on infection control rules and recommendations.

4. PROCEDURE:

4.1 Healthcare Workers

- 4.1.1 The Most Responsible Physician (MRP) or his/her designee is responsible for ensuring that the necessary education is given to the patient and sitter.
- 4.1.2 Each patient and sitter will be provided with specific information and will be given positive educational reinforcement in their language.
- 4.1.2.1 Evidence that this education has taken place will be documented in the patient's medical record by the physician.
- 4.1.2.2 The approved sitter will be informed at this time that sitter authorization will be withdrawn if isolation regulations are not followed.
- 4.1.2.3 The patient, sitter, and physician will sign the education consent form, and this form will be kept in the medical record as evidence that they agree to the isolation conditions.
- 4.1.3 Physicians, infection preventionist (IP), nurses, and health educators will share the responsibility of monitoring the compliance of the patient in isolation and his/her approved sitter
- 4.1.4 The Infection Prevention and Control department (IP&C) should be informed immediately of any breaches of compliance. The IP&C will recommend that further patient education should be given.
- 4.1.5 Any repeated breach of compliance should be referred to the IP&C, and the sitter's authorization can be withdrawn.

- 4.1.6 The Security Department will take whatever actions necessary to ensure that the patient in isolation and his/her approved sitter comply with infection control isolation precautions (if necessary).
- 4.2 Patients and Sitters
 - 4.2.1 It is the responsibility of every patient and his/her approved sitter to comply with all infection control rules and regulations (listed on the sign on the door or conveyed through medical/nursing instructions).
 - 4.2.2 It is the responsibility of the hospital staff to monitor the compliance of the patient in isolation and his/her allowed sitter with infection control isolation recommendations.
 - 4.2.3 Patients and their sitters who receive education from the staff regarding infection control isolation recommendations and still do not comply with these recommendations will be subject to measures to enforce the standards and ensure their compliance.

5. MATERIALS AND EQUIPMENT:

- 5.1 **Forms and Records:**
 - 5.1.1 N/A
- 5.2 **Materials and Equipment**
 - 5.2.1 N/A

6. RESPONSIBILITIES:

- 6.1 It is the responsibility of the Infection Prevention and Control Staff to implement this policy.





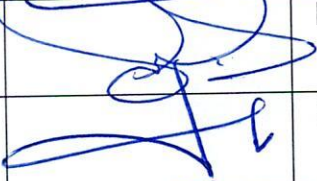


7. APPENDICES:

- 7.1 N/A

8. REFERENCES:

- 8.1 Association for Professionals in Infection Control (APIC) and Epidemiology, Inc. (2014). Chapter 29: Isolation precautions. In APIC Text of infection control and epidemiology (4th ed.).
- 8.2 GCC 3rd Edition 2018. <http://gdipc.org/wp-content/uploads/2018/07/The-GCC-Infection-Prevention-andControl-Manual-3rd-Edition.pdf>

9. APPROVALS:

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